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Dear Editor,

Dear Editor,

As a child, our motion builds our brain. New movements expand the mind. As an adult, as a formed being, our mind makes the decisions and then the body follows. The process of stillness and motion is triggered. This is mirrored by the principle set forth in the naming and proximity of the *parshiot Nitzavim* and *Vayelech*.

First, we are in a state of *Nitzavim*, standing and still. Only then does the process of *Vayelech* come. This year, only *Nitzavim* comes before Rosh Hashana, which symbolizes our stillness before G-d, enduring judgement. But it's also a stillness for us to decide how to carry on. The apex of motion comes the Shabbos after, with *parsha Vayelech*, where

the physical acts of teshuvah must be implemented.

A paradigm of stillness and motion is a wonderful principle set forth by the Torah that lets us use our mind to the fullest to carry out the best of actions.

Steven Genack

Dear Editor,

It is true that the former president was considering an exit strategy for May 2021, but with strings attached. Instead, President Biden throws in the towel, and the Taliban dictates to him when to leave.

President Trump called the Taliban's commander and the president

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Look out for our next issue, in stores, on Friday, September 10.

To be included in that issue of *TJH*, please be mindful of our deadlines.

Deadline for ads:
Sunday, September 5 at 2:00pm

Deadline for community articles:
Sunday, September 5 at 10:00am

Wishing all our readers and advertisers
a kesiva v'chasima tova!

Readers Poll

Did you ever own a pet?

70% / **30%**
Yes / No